



NAME _____
ADDRESS _____
E-MAIL ADDRESS _____
PHONE NUMBER _____
DIETARY RESTRICTIONS _____
SPECIAL NEEDS _____
WILL TO DRIVE OTHERS TO RETREAT _____
EMERGENCY CONTACT _____
ROOMMATE _____

Upham Woods

Ebb and Flow of Faith

This is for the woman who feels like her Christian walk is not always what it should be. We are hoping to come together to reassure one another, support one another, help one another find the path towards a great relationship with Jesus.

- Outdoor activities that help us connect with God's creation
- A movie and discussions that explore our own experiences
- A Bible Study that connects all of this to God's beautiful Word.
- Games, fellowship, and someone else cooks and cleans up!!!
- Treats, campfires, and s'mores!!!!
- Worship by Pastor Susan!!!

October 21st to 22nd (overnight)

\$55 Includes meals and a room – due by Oct. 8th

Register in the Narthex or call the office 752-0548.

THE EBB AND FLOW OF FAITH

Please join us at the Upham Woods Fall Women's retreat Saturday, October 21 to Sunday October, 22. Together, we will explore how our faith is shaped and changed by events in our lives and in our world.

Cost is \$55.00 to cover the overnight stay, three meals and retreat materials. Please bring your own bedding. We will carpool to the retreat leaving Cargill at 9:00 am on Saturday and returning 3:00 pm on Sunday. Please let us know if you are interested in driving. We will be rooming 2 to 3 people per room. Please let us now if you have a roommate preference.
